

Beth El Bulletin

The newsletter of Beth El Synagogue

☆ Durham's first synagogue ☆

FROM OUR RABBI:

A House of Prayer for All

November 2013 / מר חשון תשע"ד

Rabbi Yehudah Aryeh Leib Alter, known by the title of his main work, the *Sefat Emet*, taught that the Torah begins with the book of Genesis because "all of the sections that tell of the patriarchs are there to tell how Torah was made out of their actions." Put another way, there is a Torah we can learn from the lives of those who've come before us, and from the lives of our teachers. What Torah can we learn from our teachers?

Our beloved Rabbi Frank Fischer fell and broke his hip in June, and with Pat's love and support, he spent the summer learning to walk again. On *Shabbat Breishit* / שבת בראשית, he spoke before the congregation with Rabbi Sager about lessons learned over the summer and the joy of returning to our sanctuary. About being called to the Torah on Simchat Torah as our *Hatan Breishit* / חתן בראשית, the first aliyah of the annual Torah reading cycle, he said, "Yesterday and today, I found the courage to step on this bimah. Until then, I was not sure if I had the strength, but I finally felt confident enough to make it up that step.

As services came to an end, I said something that I want to share with our entire community, whether or not you were there that Shabbat morning. I am filled with awe and admiration for Rabbi Fischer's courage. "Gratitude" cannot begin to describe how I feel about his return to our prayer community. But we should not have to depend on his courage, nor upon anyone's courage, for them to have an *aliyah* at Beth El. Our bimah must not be a barrier to Torah.

How many people will never stand before our Torah because they lack the physical ability to climb that step, either because they are too weak or because they are in a wheelchair? A ramp is a start. In the past when someone was unable to reach the bimah, we have even brought the Torah to her, but not everyone will take upon themselves to make a special request. They shouldn't need to. Occasional efforts are not a permanent solution. There are Torah reading tables that can be raised and lowered so that anyone can have an aliyah. We don't have one. If one Jew turns away from Torah because our Torah is physically out of reach, it is one Jew too many. How many people sit in our sanctuary and

are unable to hear? Worse yet, how many people stay away from synagogue altogether because we lack assisted listening devices even though the technology exists? Piecemeal fixes are not enough. Our facility is not handicap accessible in too many ways. We should be dissatisfied.

We now have a Buildings & Grounds taskforce that was created out of the hard work done by the Strategic Planning committee last year. That group seeks to develop a plan for how our facilities can best align with our values. Inclusivity is a powerful commitment that drives our community. We welcome strangers and newcomers alike, but inclusivity must also be reflected in the physical layout of our entire campus. In the coming months and years, you'll hear more from this taskforce – and they want to hear from you! – in focus groups and at congregational meetings and, in the end, to raise funds for the changes we dream about. When those days come, may we remember that our dream echoes the prophet Isaiah, that our home shall be like the Temple of old, "a house of prayer for all."

--- Rabbi Daniel Greyber

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The *Beth El Bulletin* is the newsletter of Beth El Congregation. We appreciate any feedback and input. Non-members may request to join our mailing list for a \$25 yearly contribution to help cover printing & mailing costs. Bulletins are also archived online three months at a time. The online version has some contact information omitted for the privacy of our members.

Rabbi	Rabbi Daniel Greyber
President	Barak Richman
First Vice President	Rachel Galanter
Second Vice President	Noah Pickus
Interim Exec. Director	Ivy Wingate
Education & Youth Director	Elisabeth Albert
Cong. Services Coordinator	Rachel Albert
Publicity Assistant	Krishna Miller
Rabbi Emeritus	Rabbi Steve Sager
Bulletin Advertising Manager	Gladys Siegel

Yahrzeits: To arrange a yahrzeit minyan, please call the synagogue office (919-682-1238) at least one month in advance. To receive notification of a yahrzeit or to list a yahrzeit in the bulletin, call the synagogue office (682-1238).

DO YOU HAVE AN ITEM FOR THE BETH EL BULLETIN?
All items for the bulletin **MUST** be submitted by e-mail to Krishna Miller at krisha@betheldurham.org. The **FINAL DEADLINE** for items for the upcoming bulletin is the **1st workday of the preceding month**.
THANK YOU.

COMMITTEE CONTACTS:

Finance	Maxine Stern
Lifelong Learning	Sheva Zucker
Membership	Andrea Ginsberg
Orthodox Kehillah	Sheldon Hayer
Ritual	Laura Lieber
Social Action	Debbie Goldstein
Va'ad haChinuch	Eric Lipp
Community of Caring	Rhoda Silver

CHEVRA KADISHA (BURIAL SOCIETY)
Contact David Klapper at 919-967-3937

Bulletin Deadline

December Bulletin:
Friday, November 1
Please submit items to
krisha@betheldurham.org

Do you have news to share with your
Beth El community?
Graduation? Award received?
Birth of a child or grandchild?

Send notices to krisha@betheldurham.org
and we'll let everyone know by posting it in the bulletin.

Gabbai Rotation

Please contact if you'd like to
request an aliyah or help lead services.
Please do not call on Shabbat or other holidays.

11/02 Toledot/MacharChod Shula Bernard

11/09 Vayetze David Rubin

11/16 Vayishlah Bernie Fischer

11/23 Vayeshev Sally Laliberte

11/30 Miketz Chanukkah Anne Derby

12/07 Vayigash Jon Wahl

12/14 Vayehi James Tulskey

12/21 Shemot Roger Perilstein

12/28 Vaera Frank Fischer

The Gabbaim schedule is also available online at:
www.betheldurham.org/rituallife/gabbirotation.html

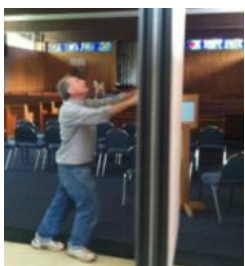
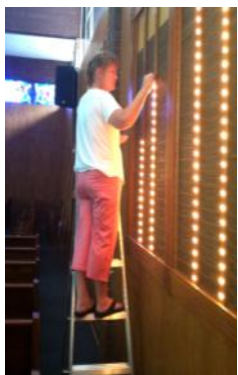
Did You Know?

We're all aware that Beth El encourages congregants to participate in synagogue life, and that there are many avenues one can take to get involved. From prayer leader to Sisterhood and MoB events, from volunteering in the Talmud Torah to serving on a committee, there are myriad ways to connect. As a congregant for 22 years, I've participated in many facets of Beth El life, but until I started working here as the interim Executive Director, I didn't know just how much effort it takes to keep Beth El moving forward. Staff and volunteers work endless hours to create and maintain the fabric of our synagogue experiences. I want to share with you some of the extraordinary efforts by extraordinary people that I've been privileged to observe and to work with. Please join me in thanking these people the next time you see them, as they represent the very best of Beth El. Here we go:

Did you know that Gladys Siegel is consulted on a regular basis by a number of us in need of advice, background information, or an extra set of hands? Or that she is among the first consulted on issues as varied as High Holiday honors, fundraising, social action, and congregant outreach? You may also not know that she was the first woman president of Beth El or that she, along with her beloved husband Earl (z"l), spearheaded the creation of the Beth El endowment. Did you know that Gladys served as our volunteer bookkeeper for years, and only this year stepped down when we hired a part-time professional? As far as I can tell, Gladys has worn and wears more hats than any congregant in recent Beth El history – thank you Gladys!

Did you know that, this year, Laura Quigley, quietly and behind the scenes, guided me through every task involved in preparations for the High Holidays? From simple logistics like scheduling window cleaning, carpet shampooing, floor buffing and waxing, chair rentals, and caterers for the various holiday meals, to the membership mailing, meetings for High Holiday honors, and even what kind of scotch to buy for Simchas Torah, Laura was key in making sure everything was done. She organized parking and ordered flowers, shopped for scotch, ironed the Torah mantels, and lovingly lit the Memorial Board for Yom Kippur. I couldn't be more grateful and respectful – thank you Laura!

Did you know that each year like clockwork, a group of congregants quietly take care of the many, many tasks needed to prepare our sanctuary for the holidays? Robert Rosenstein polishes all the silver Torah crowns and the yadim, and Sue and David Klapper climb scary ladders to hang the white parochet, and Sydney Miller and Ron Grunwald did the same when they took it down? Did you know that Jeff Derby rolls all the Torahs to their proper places, and he and Anne steam-iron the reading table cover, parochet and mantles? That Kathy Bartelmay takes every single tallis and kittle to the dry cleaners? That David Klapper hires security, manages the sound system, opens and closes the wall between the social hall, and many, many other behind the scene things that ensure beautiful and safe buildings. (This is just about the holidays – don't get me started on all the buildings and grounds things, large and small, that he has been doing for many years! Not to mention his work on the Chevra Kadisha and



cemetery that could be a stand-alone article. He's remarkable. Thank you, David!)

I could go on and on about High Holiday volunteers (see Ian & Barak's letter on the next page), but perhaps you know who they are when you participate in a Tashlich service organized by Sheila Goldstein or Hunter Levinsohn and Rabbi Fischer, when you read the Memorial Book that is created each year by Yetta Brandt, Michelle Shrott and Krisha Miller, or are escorted to a seat by one of our ushers. (A funny aside here – I was late in asking Tom Keyserling if he would once again organize the ushers. He agreed and quickly sent out an email. That weekend, I was in the Atlanta airport waiting to board a flight to Minneapolis, when who should come off the plane but Tom Keyserling. He took one look at me and said, "I'm working on it.")

All this is just about High Holidays – but we have committed volunteers here year-round: Did you know that Sheila Goldstein, Rhoda Silver, Mary Joan Mandell and David Rubin (yet another essential David!) keep the Wednesday morning minyan group running? David steps in to lead the minyan when Rabbi Greyber is away; this year he also led Slichot services. And while I'm on the topic of David – he has been coordinating our Annual Fund campaign for many years, serves on the Finance Committee and the ad-hoc ED search committee, is a prayer leader, a Chevra Kadisha leader, and has been a fantastic advisor to me. I'm sure I'm forgetting something, but thank you David. Did you know that Ilana Saraf pitches in whenever something in the kitchen needs doing, whether it's buying kosher wine or organizing the closets? (her favorite phrase is, "It's no big deal, I'm just up the street!") Laura Flicker and Jared Resnick focus on building issues; Lois Price and the Sisterhood run our gift shop and stock our kitchen with tools and equipment; Mike Resnick and the MoB helped Steve Herman build the Sukkah and sponsored a wonderful Sukkot celebration; and Sheva Zucker (Lifelong Learning), Jacki Resnick and Debbie Goldstein (Social Action) have created a powerful calendar of classes, speakers and projects for the upcoming year.

Did you know that Krisha Miller has been keeping all the staff on schedule during this transition, whether coordinating a Synaplex Shabbat, a Scholar-in-Residence Weekend, or simply the weekly bulletin? That no task is too big or small for her to tackle with her characteristic good humor and tenacity? She keeps a thousand balls in the air, is our staff institutional memory, and a driving force in so many ways. Did you know that Rachel Albert, our Congregational Services Coordinator, in addition to her many office-and congregant-related tasks, keeps track of the Rabbi's calendar, sets-up coffee and snack for the Saturday Mishna class & cleans it up on Monday morning, straightens the sanctuary and lobby in preparation for Shabbat each week, lights the memorial board, and hands out bags of food to the many hungry people who come to our door? Did you know that, newly hired, she jumped right into High Holiday preparations and didn't miss a beat? Please be sure to thank both of these remarkable women.

Did you know that JoAnn Rubin, Susan Roth, Carla Fenson, and Jacki Resnick have been fantastic office volunteers, and that we're always looking for more? The list of dedicated volunteers goes on and much as I might like to know, there are things happening of which I am not aware. You know who you are – thank you too.



THANK YOU!

Chevra,

We appreciate the efforts of the many people who helped make the Yamim Nora'im (Days of Awe) meaningful and beautiful this year. We offer a very special thank you to our rabbi, Rabbi Daniel Greyber, for his leadership and inspirational words. We express a heartfelt thanks to Chazzan Eric Meyers who once again enriched our holidays with his musical gifts and inspirational presence. Many lay leaders offered their talents including:

Sh'lichei tzibbur/services leaders: Sid Levinson, Shula Bernard, David Rubin and Jon Wahl

Ba'al tekiyah/shofar blower: Sid Levinson

Torah readers: Jeff Derby, Stan Levy

Haftarah readers: Diane Markoff, Sabina Sager, Barak Richman, Laurie Patton

Gabbaim: James Tulskey, Roger Perilstein, Sally Laliberte, Jon Wahl, Shula Bernard, Jeff Derby, Anne Derby, and Shelah Bloom.

We thank Elisabeth Albert, our Education and Youth Director, for orchestrating our youth services & other children's programming. Thank you to everyone who worked with our youngest members including youth service leaders, babysitters & other volunteers: Rachel Galanter, Ashley Jowell, Hasan Bhatti, Zeke Tulskey, Chloe Roth, Lorri Gudeman and teachers from the Beth El Preschool. Special thanks to Isaac Price and Jonathan Breitzer for blowing shofar for our children's services on Rosh Hashanah.

Many thanks to Tom Keyserling who again organized our ushers this year. They included David Klapper, Robert Rosenstein, Ron Grunwald, Bruce Guild, David Dreifus, Jeff Derby, Charles van der Horst, Laura Svetkey, Roger Perilstein, Ron Strauss, Linda Convissor, Roy Schonberg, Hal Sandick, Peter Ornstein, Arthur Alexbank, Hunter Levinsohn, Steve Jaffe, Ilana Saraf, Richard Cramer, Bernard Most, Sally Laliberte, and Michelle Shrott.

Many thanks also to Laura Quigley, Gladys Siegel, David Rubin, and Ivy Wingate for assigning aliyot and petichot (ark openings) to members of our congregation who have contributed in many ways over the past year; David Klapper who tended to all the building and infrastructure details; Jim and Sandy Fangmeier for the use of their steamer and for organizing the pre-fast dinner and break-fast snacks; David and Sue Klapper and Laura Flicker for hanging the holiday curtains, Ron Grunwald and Sydney Miller for taking them down; Jeff and Anne Derby for dressing the torahs; Jennifer Greyber for redressing them with our traditional ones; Laura Quigley for ironing the torah covers, ordering bima flowers, arranging parking, and lighting the memorial board; Donald & Sheila Goldstein, Hunter Levinsohn, Gladys Siegel, Bernie Fischer, and David Reed for their help with Tashlich services; Josh Klapper and Sol Levine for help with the lights on erev Yom Kippur; Jon Wahl for coordinating the Beth El Presidents' hakafah on Kol Nidre; Elisabeth Albert, Steve Schauder, Jessie Zaleon, and Hasan Bhatti for leading Ashrei; Yonat Shimron for creating the community card using artwork by Rachel Evenson; Yetta Brandt, Michelle Schrott and Krisha Miller for their work on the Yizkor book; Rachel Albert and Rabbi Fischer for ordering the etrogim and lulavim; and Steve Herman and the MoB for assembling and disassembling the sukkah; The Watts Street Band for performing at our Sukkot celebration & the MoB for preparing lunch; Laura Brody Weaver, Krisha Miller, Elisabeth Albert, Hunter Levinsohn, & Ilana Saraf and especially all of the evening participants for their Erev Simchat Torah Bereshit Illumination efforts.

From the Orthodox Kehillah (OK), thanks go to our chazanim Joel Fleishman, Baruch Tzur and Jonathan Breitzer, to our baal teqiah Jonathan Breitzer – the longest teqiah gedolah in Beth-El's history – to our Torah layner Matthew Rascoff, to our haftarah chanters, Noam VanderWalde & Daniel Reichman, to our gabbayim, Daniel Reichman & Ethan Ludmir. Thanks to Rabbi Greyber and Barak Richman for offering inspiring sermons and addresses. Thanks to Philippe Chemla, Ayelet Tzur and Sheldon Hayer for arranging our kiddushim and other kindnesses. Thank you to all who participated in the service and made it so moving. George Fishman has been for many years our chief gabbai and organizer, Fred Beherends, Baruch & Ayelet Tzur, Philippe & Nicole Chemla, Sheldon Hayer, Malachi Hacohen & Julie Mell have regularly contributed to our kiddushim. Sheldon Hayer serves as the OK representative on the Beth El Board. All members of the OK attend our Shabbat and holiday services faithfully and volunteer regularly for the OK and community tzurkhe tzibur. May G-d grant them their reward, and bless and prosper their work.

Finally, a very special thank you to Rachel Albert, Ivy Wingate and Krisha Miller. Their remarkable attention to the details of tasks too numerous to list enabled services to run so smoothly.

There are certainly many other individuals who contributed to our beautiful High Holidays services. If we have inadvertently omitted your name, please accept our apologies.

Ian Davis, 5773 Ritual Committee Chair
Barak Richman, President



Please welcome our newest members:

~ **Robert & Susan Hill**


~ **Jane Jacob & her children, Brittany,
Lindsey, Kayla, Justin, & Camron Schwartz**

~ **Alison Blaine & her daughter Rosemary
Manly**

**Mazel Tov to Lisa Cohen & Rabbi Jeremy
Yoskowitz on the birth of their son
David on September 20, 2013!**

**Mazel tov to Robert Lefkowitz on receiving
special recognition by the Durham Branch of the
NAACP at their annual Freedom Fund Banquet!**

Members wishing to attend &/or help sponsor the
banquet (11/1/13, 6pm, Durham Armory) should
contact Setrina Hunter at 919-682-4930

 **Sisterhood Chanukkah Bazaar
&
Watts Street Band Klezmer Concert
November 17, 2013**



Shop for Thanksgivukkah!

Get you Chanukkah candles, gelt, books, presents and more while helping support our Talmud Torah. Once again, Beth El's very own Watts Street Band will perform klezmer music & the Men of Oil will be selling their yummy famous latkes! Information will be sent soon regarding latke pre-orders so you can stock your freezer.



Interested in reading the Haftarah or Torah during an upcoming Shabbat service?

Congregants who do this regularly/semi-regularly/
every-once-in-awhile are greatly appreciated! Even if
you've never chanted a Haftarah, if it's been a long
time, or you have thought it would be a meaningful
way to commemorate an occasion, you like the sound
of the trope, or you would just like to learn this as a
new skill, please contact Randi Smith -

If you would like to read a Torah portion, please
contact Jeff Derby -

Shabbat 25

Our Shabbat 25 programming gives the community a chance to connect with Beth El from Friday evening through Havdalah on Saturday night. We begin with Shabbat Shirah - a joyous Friday night service led by Rabbi Greyber using the melodies of the late Rabbi Shlomo Carlebach plus a separate service for our youngest members & their families. Both services begin at 6:00pm and are followed by a community Shabbat dinner. Our celebration continues on Saturday with Shabbat morning services, including Jr. Congregation (designed for grades 2-6, however, all ages are welcome), followed by a kiddush lunch. During the winter months, as Shabbat wanes, we return in the evening for a seudah sh'lishit (light 3rd meal), study, sing & celebrate havdalah together. When Havdalah comes much later, our studies are moved to earlier in the afternoon. Shabbat 25 represents two important values: Welcoming and Tradition. By creating many moments throughout Shabbat to come to Beth El, we hope to welcome everyone giving as many people as possible a chance to participate in our community. **Nov. 8-9, 2013 / Dec.6-7, 2013 / Jan. 24-25, 2014 / March 7-8, 2014 / April 4-5, 2014**

Shabbat 25 Scholar-in-Residence Weekend with Dr. Walter Herzberg Friday, Nov.8 - Sunday, Nov.10

Friday, 11/8:

12:00pm lunch* & learn session sponsored by Duke's Center for European Studies, *"Integrating Traditional Biblical Exegesis and Modern Literary Close Reading to Explore the Laws of Leviticus 19"*

6:00pm Erev Shabbat Services (see descriptions above)

7:15pm Community Shabbat Dinner*

8:15pm Shiur/Study with Dr. Herzberg, *"Anger and its Origins"*

Saturday, 11/9:

Dr. Herzberg will give a D'var Torah on the morning's parasha (Vayetzei) in both sanctuaries during morning services.

4:00pm Mincha/Afternoon Service,

4:30pm Shiur/Study with Dr. Herzberg, *"Genesis 37: A Close Reading of the Joseph Story"*

5:30pm Seudah Sh'lishit/Shabbat third meal*, singing, & havdalah

Sunday, 11/10

10:30am Shiur/Study with Dr. Herzberg, *"God and God's Goodness"*

***Reservations for Friday lunch, Comm. Shabbat Dinner & the Seudah Sh'lishit are due by Mon., Nov. 4th.** There is no charge for lunch or the Seudah, however we do need reservations to help us plan. 919-682-1238 or rsvp@betheldurham.org. Cost for Friday dinner is \$18 per person 13 and older / \$9 per child 7-12 / no charge for children under 7. Family maximum charge for dinner is \$45. Please mail payment to Beth El Synagogue with the dinner date & CSD noted in the memo line. Any cancellations made after Nov. 4 will still need to be paid for in full.

Beth El is committed to ensuring that everyone in our community can participate in all programming, regardless of financial circumstances. If you would like to help those in financial need attend dinner, please consider a donation of \$18 or more.



Lifelong Learning

www.betheldurham.org/adulted/courses.html



Shabbat Mishnah Study

Saturday Mornings at 8:45am in the Freedman Center
Feel free to attend at anytime! Join Rabbis Sager and Greyber for coffee and discussions on text from the Mishnah. People new to Mishnah study are especially welcome.

Wednesday Morning Minyan & Text Study

Services start at 8:00am on most Wednesdays & usually last about 45 minutes. Afterward, those who can stay, gather in the social hall for coffee, treats, & a weekly study led by Rabbi Greyber or other members. All are welcome.

Adult Hebrew Classes

8 fall sessions began October 13

(Students still welcome to join at pro-rated fee.)

Intermediate/Advanced Biblical Hebrew

Sunday mornings 9:15 -11AM This class will continue with learning grammar and vocabulary through reading of Biblical Hebrew texts. This is an ongoing class; students with prior knowledge in reading Hebrew and grammar are welcome to join.

Elementary Modern Hebrew

Sunday mornings 11 A.M. - 12:30PM This class is for those with little or no background in Hebrew. Learn to read, write, speak and understand the modern language.

Costs for either class: \$96 for Beth El members; \$120 for others. (pro-rated for late-joiners)

Both courses are taught by Roger Kaplan who holds a Ph.D in Hebrew Linguistics. He has taught Hebrew at Duke, Ohio State University and in the Durham/Chapel Hill community for many years.

Monthly Torah Study

Do you sometimes wish there was more time to discuss the Parasha/Torah Portion of the Week? There is. Approximately once a month we are offering Torah discussions led by various congregants. These will be held prior to the Main Sanctuary Torah reading.

2013-2014 DATES

October 26 with Prof. Shalom Goldman (9:30am, FC)

November 23 (Synaplex) with David Reed

December 7 (Shabbat 25) with Rabbi Laura Lieber

January 25 (Shabbat 25) with Rabbi Daniel Greyber

February 8 (Synaplex)

March 29

April 12 (Synaplex)

May 3

Storytelling: The Wondering Jew

This four part workshop series meets on the Sundays listed below 10:15-11:45am. The first one was held on Oct. 13. However, **each session is independent**, so you are welcome to attend one or all. In this workshop we are exploring aspects of our Jewish identities through story sharing that honors our life experiences, sacred texts and wisdom teachings, and our diverse spiritual, religious and cultural observances.

10/27: Fire in the Forest: An exploration of ecstatic worship and everyday sacredness

11/3: From Trauma to Transformation: Looking at how persecution and the diaspora affect our lives and loves

11/10: The Land is Ours: An exploration of Israeli and Palestinian narratives around home and exile

Cost: \$20 for Beth El members / \$35 for others. Students may participate on a per class basis at \$7 per class (\$10 for non-members). Please pre-register through the office at rachel@betheldurham.org

Instructor: Rinah Rachel Galper is an ordained Jewish spiritual guide (kohenet) and storyteller (maggid), arts educator, and licensed celebrant serving the Jewish, Multi-faith and LGBTQ communities. She has worked with diverse children, adults and families in the Triangle since 2006.

Jewish Literature - Isaac Bashevis Singer

Saturdays after Kiddush Lunch

October 26, November 2, 9 and 16

Women dressing as men to study Torah, geese that shriek inexplicably, people possessed by dybbuks and demons, Hitler seen in a cafeteria on Broadway... This is the world of I. B. Singer, one of the greatest Jewish writers of all time and the only Yiddish writer to win a Nobel Prize (1978). Many of his stories depict a world that is no longer here yet he does so in a profoundly modern way. We shall look at a mix of memoir and short stories. Please pre-register so we can order materials: sczucker@aol.com

Cost: \$20 for Beth El members. \$35 for others. Minimum 5 students.

Instructor: Sheva Zucker is the author of two Yiddish textbooks that are widely used in adult and university classes throughout the world. She has taught Yiddish language and literature on five continents, and she is the editor of the periodical *Afn Shvel*.

Haftarah Trope

Learn how to leyen/read a haftarah.

Time/ Dates: 3 Sun. morning sessions: Nov. 3, 24 & Dec. 8

Instructor: Shula Bernard

Details now posted online:

www.betheldurham.org/adulted/courses.html#trope

Healing Yoga

Gentle Movement, Meditation, Relaxation

10:00–11:00am in the Freedman Center

Nov. 16 / Dec. 14 / Jan. 18

Feb. 8 * / April 12* / May 10 / June 7

*Synaplex, start time may differ.

Who Should Come?

- Anyone who is looking for healthy ways to relieve the physical and mental stresses of illness – yours or that of a family member
- Those who are grieving
- Those with and without yoga experience (mats/props are available for your use)

Benefits of Healing Yoga:

- Helps the recovery process; addresses fatigue, soreness, stiffness, anxiety, and depression; deals with balance, bone loss, immunity, and flexibility; brings peace of mind.

Participants should wear comfortable clothing.

After the class, all are welcome to join the Beth El worship service and /or Kiddush lunch.

With generous support, Beth El has raised the funds to purchase yoga mats, straps, foam blocks, blankets, bolsters, and eye bags. These props help participants feel comfortable as they sit, move, and meditate. Please join us, or if you know someone who might benefit from healing yoga, consider coming as a buddy.

For additional information, contact Margie Satinsky, RYT, 919-383-5998 or msatinsky@nc.rr.com

Beth El Art Gallery

On display through December 4, 2013:

Early 20th Century Photographs of Palestine

by Elia Kahvedjian,

Survivor of the Armenian Holocaust.

Collection and Comments of Rabbi Steven Sager.



If you are interested in exhibiting your artwork at Beth El, please contact Susan Rosefield (srosefield@nc.rr.com). Professionals, students and hobby artists are welcome.

Synaplex Shabbat

November 23, 2013

February 8, 2014

April 12, 2014

Please join us at Beth El to find Jewish experiences that speak to your heart.

By offering many different prayer & study experiences, Synaplex Shabbat gives people more ways to connect with Jewish life.

Mishnah Study

A Variety of Engaging Shabbat Morning Services

Children's Programming

Tefillah Hike

In-depth Torah discussion with a local scholar

AND MUCH MORE!



Our community will come together for a D'var Torah by Rabbi Greyber followed by a communal lunch where all are welcome.

If you're interested in helping with this exciting program contact Rabbi Greyber at rabbigreyber@betheldurham.org.



Mark Your Calendars For The Annual Beach Shabbaton! December 20-22, 2013



(early arrival option available for Thursday night, 12/19/13)

The annual Beach Shabbaton near Emerald Isle, NC, provides a unique community building experience while we immerse ourselves in Shabbat without the distractions of our busy day-to-day lives. It is a wonderful way to visit with new & old friends. There are many opportunities to daven, learn and socialize. And of course, noshing — lots of noshing! ☺

Registration should be available online by Nov. 1:

www.betheldurham.org/adulted/shabbaton.html

Reservations are not secure until the deposit is received.

Phone reservations will not be accepted.





Knitting Chevra

10:00am-11:30am in the Freedman Center Lounge

Meets on the second Sunday of each month from October through April.

•November 10
•December 15
•January 12

•February 9
•March 9
•April 13

We welcome new members of all knitting levels. Our project for 2013-2014 is knitting hats and scarves for people currently homeless. These will be distributed through the Chapel Hill Police Department. Susan Leeb suggested this project after discovering this need through her participation in D-CH Jewish Federation's Mitzvah Day last year.

We are also continuing our year-round clothing drive. We collect gently used clothing for A Second Bloom, a second hand clothing store owned and operated by the Family Violence and Rape Crisis Center (which serves people throughout the Triangle.) We accept clothing of all sizes for men, women, babies and teens.

For further information, to get a hat pattern or to donate clothing contact Hunter Levinsohn at hlevinsohn@nc.rr.com, 919.929.6728.



Save the Date!

**8th annual Beth El Blood Drive
March 30, 2014**

**The Community of Caring
We are here for YOU!**



For anyone in need of a meal due to illness, surgery, grief or other special circumstances.

For anyone who needs a ride to/from a doctor's appointment, to the hospital or nursing home so you can visit a friend or loved one.

For anyone who would like a friendly visitor to see you at home or in the facility where you live.

And for anyone who would like to be a part of this wonderful organization by participating in any of the above.

Please call or email Rhoda Silver at:
919-688-0077 / Rhoda.Silver@gmail.com

Thank you!

Debbie Goldstein, Jacki Resnick, and the Social Action Committee extend a special thank you to those who donated and packed food bags at our Sept. 22 Sukkot celebration. We packed 78 bags to give to people who come to our shul asking for food. We were touched by the outpouring of caring and community we all felt. Thank you also to the MoB for preparing a delicious lunch, sponsored by Beth El, and to the talented and wonderful Watts Street Band for the perfect afternoon klezmer concert. Check out more photos here: <http://bit.ly/besukkot13>



Food & Toiletry Drives

**Remember: our food & toiletry drives
are year-round!**

**Almost everyday, people come to Beth El in need of food.
Your donations are much appreciated!**

Pasta	Peanut butter (plastic jars)
Canned soups (low sodium)	Canned tuna, chicken or salmon
Canned vegetables (low sodium)	Beans, peas & lentils (cans or dry)
100% fruit juice (pouches or boxes)	Canned fruits (in 100% juice)
Raisins or other dried fruit	Rice
Granola Bars	Oatmeal or other hot & cold cereals
Pudding Cups	Macaroni and cheese
Animal/Graham Crackers	Popcorn
Trail Mix	

Food needs to be non-perishable and in non-glass containers.

"A double-mitzvah": Link your Harris Teeter VIC card to our school (**5883**) and earn money for the Talmud Torah while helping others. VIC cards need to be re-linked each school year & can be linked to more than one school. See online for instructions: <http://bit.ly/BETTVC>

Social Action Sundays
Dec. 8, 2013, Feb. 9, 2014 & April 13, 2014
10:30am-noon

Come together to discuss future projects & activities.
Bagels & coffee provided by Social Action committee.

Please contact Debbie Goldstein (goldebbie@gmail.com)
or Jacki Resnick (jacki_resnick@unc.edu)

Talmud Torah Fundraising Brunch
December 15, 2013
11:00 am—1:00 pm

Beth El members and non-members are all welcome.
Sponsored by the Talmud Torah Va'ad HaChinuch.

You have to eat, so why not do it for a good cause?

Join us for wonderful foods prepared by some of our best
congregational chefs. Bring your whole family, and invite
your friends to have a schmoozing good time.

All proceeds support educational programs &
scholarships for the Talmud Torah.

\$10 per adult / \$5 per kid 5-13 / free for kids 4 & under
\$30 max per family

Beth El's own Watt's Street Band seeks
"Jews with Brass."

We have strings, woodwinds, bass, keyboard and
percussion. We would very much like to add brass, high
and low. Should be able to sight read. Interested? Want to
look at and hear some of the music? Contact Elliott Mills
mills008@duke.edu.

Sisterhood Gift Shop



Check out summer clearance items and all our new
merchandise: yadayim, mezzuzot, jewelry, tallitot,
candles, & more! Open during office hours,
select special events, & by appointment.

If you are interested in shopping outside of office hours,
in helping staff the Gift Shop or with shop related projects,
please contact GiftShop@betheldurham.org.

Sisterhood
2013/2014 Programming Schedule

Sunday, November 17th: Beth El Chanukah Bazaar

Benefits the Talmud Torah Religious School

Location: Social Hall, Sanctuary, Lobby / Time: 9-1:00PM

This fun celebration of Chanukah will feature Beth El's own
Watts Street Band, Men of Oil's delicious latkes and the
opportunity to buy all your Chanukah gift and ritual items.
If you miss us on the 17th, you can visit our booth at the
JCC Chanukah Bazaar on Sunday, Nov. 24th.

Wednesday, Dec 11th: Speaker's Night featuring
Leslie Winner

Location: Sanctuary / Time: 7-9:00PM

Leslie, one of our Sisterhood members, served in the NC
Senate! Join us for this rare glimpse into our state's political
world. Leslie Winner will speak about her experiences
being a woman, being Jewish, and being a lawyer in the
State Senate.

Thursday, January 16th: Zumba Class with
Pilar Rocha-Goldberg

Location: Social Hall / Time: 7-8:30PM

Pilar will teach us to move with her Zumba groove!
Everyone is welcome to join us for this fun program.
Bring a friend or your favorite cutie pie.

Sunday, March 2nd: Rosh Chodesh Adar
with Elyza Richmon Halev & Rachel Bearman

Location: Social Hall / Time: 7:00-9:00PM

Join Elyza and Rachel for a mask making project while we
discuss and learn about Rosh Chodesh and what it means
to us. We'll be able to use these beautiful creations during
Purim!

Sunday, March 16th: Hamentaschen Pick-up
at the Purim Carnival

Location: Freedman Center / Time: 11-1:00PM

This spring fundraiser benefits the Talmud Torah
Religious School. Our delicious kosher parve
Hamentaschen cookies are made in the Beth El kitchen.
We sell out every year, so plan to preorder your
hamentaschen in January.

Thursday, April 3rd: Movie Night (Movie: TBD)

Location: Beth El Lobby & Library / Time: 6-9:30PM

After the success of our first movie night we knew we
wanted to repeat this program.

Friday, May 9th: Shabbat Services & Oneg

Location: Sanctuary, Social Hall / Time: 7:30PM

Join us for Shabbat. Everyone is welcome.



Israel Community Experience
February 16-26, 2014
Led by Rabbi Daniel Greyber



Beth El and the Israel Center of the Durham-Chapel Hill Jewish Federation are sponsoring an Israel mission in February, 2014. We invite everyone to join our Living and Learning Community, led by Rabbi Daniel Greyber. Upon arrival, we travel to the Negev and our base at the Ramon Inn & Spa at the edge of the Ramon Crater (Israel's Grand Canyon). We explore Israeli agriculture, renewable technology, a contemporary approach to Succah living, and an open-air Bedouin market; perform mitzvot in innovative ways; challenge ourselves physically and spiritually; explore culinary passions; and learn about modern approaches to dessert pioneering. Then, we head north to Jerusalem and Tel Aviv to engage multiple perspectives of Israeli learning and living, studying ancient and modern social issues with leading rabbis and diverse scholars. This trip is perfect for those returning to Israel for a new perspective or for adults looking for a first experience in a supportive group. We will create new friendships and deepen our relationships with Israel.

For more information, to see the itinerary, and complete an application, please see:
<http://bit.ly/BE-IC2-14> Brochures are also available in the synagogue lobby.

For any questions, contact Adam and Beth Goldstein at aog@med.unc.edu or 919-929-2086.



Shabbat Meal Hosts and Sponsors



November 2 Kiddush hosted by
Itzik Lebovich and Celia Schreiber *in honor of their son,
Yuval, becoming a Bar Mitzvah*
Michael & Miriam Oren *in honor of the Lebovich/
Schreiber Family's simcha*

November 9 Shabbat 25 Kiddush hosted by Steve & Joyce
Berman *in honor of the Auf Ruf of their son, Neil Berman, and
his fiancée, Rachel Werner*

November 9 Shabbat 25 Seudah Sh'lishit hosted by:
Shelah Bloom
Tom Keyserling & Alice Ammerman
Scott & Randi Smith

November 16 Kiddush hosted by:
Arthur Axelbank & Susi Lieff
David Bronstein & Carla Fenson
Susan Morris
Marty & Meg Pomerantz
Roy Schonberg & Cheryl Marcus
Ronald Strauss & Sue Slatkoff
Charles van der Horst & Laura Svetkey

November 23 Synaplex Shabbat Kiddush hosted by Current and
Alumni Lerner families *in honor of the school's Chai/18th year
& in appreciation of Beth El Community's support of the Lerner
School:*

Jon Bellman & Pamela Mund
Gabriel Liberty & Perri Shalom-Liberty
Jonathan Lovins & Florence Briones
Ram Miller & Gili Bethlehem
Noah Pickus & Trudi Abel
Eric Wittle & Tal Lewin Wittle



November 30 Chanukkah IV Kiddush sponsored by:
Daniel & Helen Egger
David & Carrie Goldman
Steve & Gail Grossman
Eric Meyer & Erica Brody
Gordon & Faye Davis Rapp
Robert & Deborah Rosenstein

December 7 Shabbat 25 Kiddush hosted by:
Stephen & Shula Bernard
Sidney & Alice Levinson
Michele Pas
Barry Poss
Philip & Ellen Singer
Jonathan & Deborah Wahl

December 7 Shabbat 25 Seudah Shli'shit sponsored by:
Kirk & Janine Beeson
Michael & Harriet Lakin
Caryn Rossi
David & Aimee Zaas

December 14 Kiddush hosted by Barak & Laura Richman *in
honor of their daughter, Ariella, becoming a Bat Mitzvah*

December 21 Kiddush hosted by:
Harold Baranger & Meg Anderson
Michaela Davidai
Samuel & Marsha Horowitz
Lewis & Judith Siegel
Jeremy Thibodaux & Lisa Einhorn

December 28 Kiddush sponsored by:
Joel & Susan Leeb
Lee & Elaine Marcus
Eric & Carol Meyers
Peter & Marilyn Ornstein

Please share our joy
as we celebrate

Yuval Michael
יובל מיכאל ליבוביץ

being called to the Torah
as a Bar Mitzvah

on
November 1-2, 2013
Shabbat Toldot

Kiddush lunch
following Saturday services

Celia Schreiber and Itzik Lebovich,
Liat and Shira



Meet our Bar Mitzvah



Yuval Michael Lebovich

Friday, November 1, 2013 6:00pm

Saturday, November 2, 2013 9:30am

Name: Yuval

Age: 12 (almost 13)

Born: Raleigh Community Hospital, Raleigh, NC

Houses lived in: 2 (one in Raleigh, and one in Israel for summers)

Sports: swimming and bike riding

Hobbies: reading, playing instruments; cello, trumpet, & french horn, hanging with my friends, and playing games (especially computer games)

I like jokes and riddles. I like watching magicians and I would like to learn magic tricks. I know a few already.

School: Martin Middle School, Raleigh, NC

Extra-curricular activities: Hebrew school

Favorite food: pizza, blueberries, cereal, mango, brownies and root beer

Words to describe me: creative, imaginative, impatient, hyperactive, loud

Sisters: Liat (18) and Shira (16)

I am requesting people to bring non-perishable foods for my MAZON bar mitzvah project. There will be a box provided in the lobby after Shabbat the food.



Please join us as our daughter
Ariella Sofi Richman

is called to the Torah as a Bat Mitzvah

Friday, December 13, 2013 6:00pm
Saturday, December 14, 2013 9:30am
Shabbat Vayechi

Kiddush Luncheon following
Saturday services

Laura & Barak Richman





Talmud Torah

FROM OUR EDUCATION & YOUTH DIRECTOR

Thanksgivukkah: A once in a lifetime celebration!

We all know that the fall holidays were super early this year, and by Purim holidays will be back where they should be (thanks to our "leap MONTH" system) but since that leap month doesn't kick in until the spring, our winter holidays are still quite early. This year's crazy schedule has created a phenomenon that the social media world is referring to as "Thanksgivukkah." Some of you may be thinking, "is this really a once in a life time occurrence?" Well, someone did the math for us...



Thanksgiving is set as the fourth Thursday in November, meaning the latest it can be is 11/28. 11/28 is also the earliest Hanukkah can be. The Jewish calendar repeats on a 19 year cycle, and Thanksgiving repeats on a 7 year cycle. You would therefore expect them to coincide roughly every $19 \times 7 = 133$ years. Looking back, this is approximately correct – the last time it would have happened is 1861. However, Thanksgiving was only formally established by President Lincoln in 1863. So, it has never happened before. Why won't it ever happen again?

The reason is because the Jewish calendar is very slowly getting out of sync with the solar calendar, at a rate of 4 days per 1000 years (not bad for a many centuries old calendar!) This means that while presently Hanukkah can be as early as 11/28, over the years the calendar will drift forward, such that the earliest Hanukkah can be is 11/29. The last time Hanukkah falls on 11/28 is 2146 (which happens to be a Monday). Therefore, 2013 is the only time Hanukkah will ever overlap with Thanksgiving.

Of course, if the Jewish calendar is never modified, it will slowly move forward through the Gregorian calendar, until it loops all the way back to where it is now. So, Hanukkah will again fall on Thursday, 11/28...in the year 79,811. Read on for some ideas of how to bring Thanksgivukkah into your home this year!

Elisabeth Albert, Education and Youth Director

Making Thanksgiving Jewish... Thanksgivukkah 2013!

-The food! Cranberry sauce filled sufganiyot, sweet potato latkes, pumpkin kugel, olive oil cake, challah stuffing and more!

-Create a pumpkin menorah or a Menurkey!

-Blessings: Check out Psalms 118, 100, 111, 30, 28, & 150 for Thanksgiving Day prayers.

For even more ideas, check out:

www.thanksgivukkahboston.com



November IN TALMUD TORAH

NOVEMBER '13						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 1 Kitah Zayin meets
- 2 B'nai Mitzvah Peer Tutoring
- 3 TT (PreK-7)/DST ends, fall back
- 6 TT (2-6)
- 8 Kitah Zayin meets/Shabbat 25 Family service
- 9 JC/B'nai Mitzvah Peer Tutoring
- 10 TT (PreK-7)
- 13 TT (2-6)
- 16 B'nai Mitzvah Peer Tutoring/ Kitah Gimel Havdallah program
- 17 TT (PreK-7)/Simchat Tot/Chadar Ochel/Chanukah Bazaar
- 20 TT (2-6)
- 22 Kitah Gan & Kitah Dalet/Hay Friday night service
- 23 TS/JrJr/JC/B'nai Mitzvah Peer Tutoring
- 24 TT (PreK-7)/Kitah Zayin parent class/Chanukah program
- 30 TT (2-6)

YOUTH GROUPS & FAMILY PROGRAMMING

NOVEMBER IN YOUTH & FAMILY PROGRAMMING

NOVEMBER '13						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

- 8 Shabbat 25 Family service
- 9 Junior Congregation
USY
- 10 Pre-Kadima/Aleph Bet
- 17 Simchat Tot
Kadima
- 23 Tot Shabbat, Jr. Jr., & Jr. Congregation

USY

(9th-12th grade)



SATURDAY, NOVEMBER 9TH
6-8:30PM @BETH EL

KADIMA

(6th-8th grade)



BRAINSTORMING, BAGELS & A BOX OFFICE HIT
HELP PLAN THE FUTURE KADIMA EVENTS FOR THE YEAR.

SUNDAY, NOVEMBER 17TH
12:30-3:00 PM @BETH EL

AleFBet & PRE-KADIMA

(K-2nd grade) & (3rd-5th grade)

Glazed Expectations

SUNDAY, NOVEMBER 10TH

www.glazedexpectations.com

Email our awesome youth advisor, **Julie Halpert** with any questions about upcoming events, program ideas or if you are interested in volunteering in the future: Youth@betheldurham.org



September Contributions

Beth El Congregation gratefully acknowledges all contributions. Please send donations & dedications to Sandy Berman, our corresponding secretary, at the Beth El address. Donations may be made via check, cash, stock transfer, or Paypal. A full list of funds, donation forms & the direct Paypal link are available on our website's development page & through the office. When making a donation to the Rabbi's Discretionary Fund, please write a separate check payable directly to that fund.

Building Maintenance Fund

Sheila and Sol Levine in memory of Sue Klapper's sister,
Carol Bowen

Sheila and Sol Levine in memory of Samuel Lipshitz

Chevra Kadisha

Michaela Davidai

Earl and Gladys Siegel Endowment Fund

Donald and Sheila Goldstein in honor of the birth of
Jeremy Yoskowitz and Lisa Cohen's son

Donald and Sheila Goldstein wishing refuah shlemah
for Joann Rubin

Donald and Sheila Goldstein in honor of Ivy Wingate's
hard work as our Interim Executive Director

Donald and Sheila Goldstein in appreciation of their High
Holiday honor

Gladys Siegel in honor of the birth of Jeremy Yoskowitz
and Lisa Cohen's son

Sheldon Hayer

Bob and Laura Gutman in honor of the Zeigers' 50th
Anniversary

Alan and Maxine Stern in memory of Eleanor Brooks,
Ed Halperin's sister

Alan and Maxine Stern in memory of Eugene Stevens,
Rabbi Sager's step father

Alan and Maxine Stern in memory of Carol Bowen,
Sue Klapper's sister

Education and Youth Director's Discretionary Fund

Fay Klein in honor of the High Holidays

Eric Pas Jewish Camp Scholarship Fund

Kevin and Isanne Ossey in memory of Eda Bloch

David and Sue Klapper in honor of the birth of Nadav
Granek

David and Sue Klapper in memory of Sue's sister, Carol
Bowen

Paul and Anita Farel in memory of Carol Bowen

General Fund

Marc and Meryl Robinson in honor of Mardi and Errol
Zeiger's 50th anniversary

Philip and Rhea Starr

Sheldon Hayer

Howerton Bryan Funeral Home

William and Janet Zelman in memory of Carol Bowen,
sister of Sue Klapper

Faye Davis Rapp wishing a refuah shlemah for JoAnn
Rubin

Miriam and Larry Slifkin in honor of the 50th anniversary
of Mardi and Errol Zeiger

Tamara Zuckman

Dr. Stuart and Susan Padove in honor of their aliyah and
the baby naming of their granddaughter, Hallie Cohen

Sandi and Harley Burke in honor of very enjoyable
High Holiday services

Landscape Fund

Judith and Lewis Siegel in honor of Mike and Jacki
Resnick's 50th Anniversary

Lifelong Learning Fund

Phyllis Dworsky in memory of Cecille Lipton

Prayer Book Fund

Judith and Lewis Siegel donated an Etz Hayim in honor
of the 50th Wedding Anniversary of Mardi and Errol Zeiger

Orthodox Kehillah

Naomi Feldman and David Gorelick

Sheldon Hayer

Howerton Bryan Funeral Home

George and Sue Fishman in memory of Rhea Fishman,
George's sister

Rabbi's Discretionary Fund

Donald and Sheila Goldstein in honor of Rabbi Greyber
and Eric Meyers in appreciation of wonderful High Holiday
services

Jonathan and Susan Breitzer in honor of Mardi Zeiger

Jacki and Michael Resnick in honor of Rabbi Greyber's
birthday

Sisterhood Kitchen Initiative *with wishes to the community for a sweet, healthy & happy New Year!*

Joel & Adele Abramowitz

Sandy Berman

Richard Cramer

Bernie, Shari & Gavi Fischer

Laura Flicker

Donald & Sheila Goldstein

Nathalie Goodrich

Jennifer & Rabbi Daniel Greyber & family

Jimmie & Carol Haynes

Barrie & Jean Hurwitz

The Klapper Family

Jeff, Lynne, Rebecca, Jason & Melanie Koweeck

Annette & Tom Kronmiller

Itzik, Celia, Liat, Shira & Yuval

Sol & Sheila Levine

Alan & Mary Joan Mandel

Arthur & Judith Marks

Diane Markoff, David, Jeremy, & Jabob Reed

Sydney, Krisha & Mataya Miller

Rabbi Steven & Sabina Sager & Family

Roy Schonberg & Cheryl Marcus & Family

The Resnick Family

David & Joann Rubin

Yonat Shimron

Errol & Mardi Zeiger

Beth El Funds

During the coming year, we are running a series of articles highlighting various Beth El funds, many written by those who helped start them or who remember the honorees. As you read these articles please consider directing donations to these worthy causes to honor those who you've loved, but not forgotten. Let's make sure that through the programs supported by our special funds, Beth El remains a "heart of many rooms."

The Eric Pas Jewish Camp Scholarship Fund

The Eric Pas Jewish Camp Scholarship Fund was founded in 1998 by Michele Pas in memory and honor of her husband, Eric Pas (z'l). Eric and their sons were very fortunate to have been able to attend Jewish camps throughout their middle and high school years. Their sons were the first Beth El children to attend Camp Ramah (in Palmer MA).

Applications are available for partial funding for Beth El families who need financial assistance to send a child to a Jewish camp. Funding is made available on need basis and information is kept confidential. Over the past 15 years the fund has distributed over \$31,000 and been able to partially sponsor 50 Beth El children. These children have participated in our local Federation camp as well as Ramah Darom in Georgia, Young Judea, and two overseas programs. If you would like further information or an application please call Michele Pas at 919-493-3175 or email to mjbpas@aol.com

Please consider making a contribution into this fund, Beth El members continued financial support of this fund will allow more of our Beth El children to have a Jewish camp experience.



Donate

You can celebrate a simcha, honor a loved one, or send "get well" wishes by contributing to Beth El.

You may donate via our secure PayPal link or by check using the printable form online or below.
www.betheldurham.org/development

Your gift is tax deductible to the extent allowed by law.

Todah Rabah! Thank You!

PayPal  **Secure Payments**

***"Tzedaka is equal in importance to all other commandments combined"* — Talmud**

I am pleased to make a contribution to Beth El Synagogue

My name _____ phone _____
Address _____
City/State/Zip _____
In Memory of _____
In Honor of _____

Please send acknowledgement to:

Name _____
Address _____
City/State/Zip _____

Your gift is tax deductible to the extent allowed by law.


☐ Speedy Recovery ☐ Happy Birthday ☐ Bar/Bat Mitzvah
☐ Best Wishes ☐ Happy Anniversary ☐ Other _____

Mail To: Sandy Berman, Corresponding Secretary 1004 Watts Street Durham NC 27701


Please apply my contribution to:	_____ General Fund	_____ Orthodox Kehilla
_____ Building Maintenance Fund	_____ Gilbert Katz Scholarship Fund	_____ Eric Pas Jewish Camp Scholarship Fund
_____ Cemetery Fund	_____ Landscape Fund	_____ Elaine Perilstein Memorial Fund
_____ Chevra Kadisha (burial society)	_____ Sandra Lazarus Youth Activity Fund	_____ Prayer Book Fund
_____ Education & Youth Director's	_____ Library Fund	_____ Rabbi's Discretionary Fund (please write a
_____ Discretionary Fund	_____ Lifelong Learning Fund	_____ separate check for this fund)
_____ Sam & Jeannette Fink Programming Fund	_____ Mitzvah Fund	_____ Earl and Gladys Siegel Endowment Fund
		_____ Synagogue Art Fund

Yahrzeit Reminders

Cheshvan	November	Kislev	December	Tevet	December
28 William Smith	1	29 Michael Kline	2	10 Norman Bartelmay	13
28 Chawa Eichenbaum Teichholz	1	Tevet	December	10 Morris Nachamson	13
28 Malka Eichenbaum Teichholz	1	1 Carolyn Flicker	4	10 Bessie Satlof	13
28 Naftali Teichholz	1	1 Irving Levine	4	10 Gittle Sawilowsky Schwartz	13
29 Sol Dinitz	2	1 Eva Markman	4	11 Louis Meyer	14
29 Herbert Lehman	2	1 Nathan Rosenstein	4	12 Daniel Berley	15
Kislev	November	1 Meyer Zucker	4	12 Fannie Cramer	15
1 Shabbetai Ginton	4	2 Alfred Feiler	5	13 Edward Alpern	16
1 Lena Chesler Katz	4	2 Max Meyer	5	13 Rosalyn Koffler Brown	16
1 Sylvia Parker	4	2 Eli Nachamson	5	13 David Carson	16
1 Walter Reichwald	4	3 Philip J Goldberg	6	13 Rabbi Josiah Derby	16
3 Gilbert Katz	6	3 Sabrina Morris	6	13 Louis Fridovich	16
4 Lillian Mills	7	5 Ruth Halberstadt	8	13 Bernard Gingold	16
4 Sam Swartz	7	5 Samuel Levy	8	13 J. Everett Levinsohn	16
5 Louis Gladstein	8	5 Sarah Meyer	8	14 Irving Alexander	17
5 Sally Greene	8	6 Arthur Gutman	9	14 Aaron Rosenblatt	17
5 Harry Winner	8	7 Jeffrey W. Fried	10	15 Patricia Silver	18
6 Susan Diamond	9	8 Sarah Miriam Evans	11	16 David Convissor	19
6 Sarah Kessler	9	8 Miriam Levinson Kwatcher	11	16 Marion Dronsky	19
6 Frank Marcus	9	8 Jacob Levtow	11	17 Nathaniel Barnett	20
7 Maggie Lucas Bridges	10	8 N. Nachamson	11	17 Benjamin Culp	20
7 Rose B. Goldman	10	8 Norman Schultz	11	17 Max Gerald Levy	20
8 Ella Bloom	11	8 Robert Spilo	11	17 Vivian Weinstein	20
10 Alfred Louis Gabin	13	8 Morris Weinstein	11	21 Arnold Grier	24
10 Nathan Wilbur Gladstein	13	9 Monice Arnold	12	21 Moshe Shweky	24
10 Phil Hartman	13	9 Elias Gadlli	12	22 Herman Bernard	25
11 Bernard Greenberg	14	9 Beulah Goldstein	12	22 Maurice Dworski	25
11 Lisa Heather Kaplan	14	9 Avigdor Victor Koren	12	22 Sam Markman	25
11 Sidney Makler	14			24 Jerry Becker	27
12 Morris Mazursky	15			24 Mary Hart	27
12 Kenneth Slatkoff	15			24 Alfred Korkin	27
13 Gertrude Makler	16			24 Rose Leibel	27
14 Emil Agid	17			26 Arlene Ammerman	29
14 Robert Lipton	17			26 Esther Mandel	29
15 Harry Phillips	18				
15 Charles Sawilosky	18				
16 Sam Austin	19				
17 Ann Simon Fischer	20				
18 William Kline	21				
18 Simon Lipton	21				
18 Sieg Parker	21				
18 Morris M. Siegel	21				
19 Daniel Freedman	22				
19 Kate Kafka	22				
19 Pearl Primakoff	22				
21 Bertha K. Bergman	24				
21 Simon Lakin	24				
22 Bonnie Haynes	25				
22 Bernard Levy	25				
22 Joy Shapiro	25				
23 Rosalind Kaplan	26				
23 Arthur Abraham Maislen	26				
23 Susan Spritzer	26				
24 Jacob E. Goldman	27				
24 Harold Goldstein	27				
24 Sally Greenberg	27				
25 Della Guterman Brandt	28				
25 Graham Green	28				
25 Sophia Reichwald	28				
26 Maurice D'Arlin	29				
26 Isaac Slifkin	29				
27 Helen Novicker Drucker	30				
27 R. Leah Levin	30				
27 Sidney Mintzer	30				
27 Irving Zauder	30				



Traditionally, we light a memorial candle on the evening before the anniversary of a loved one's death.



Barukh Dayan Ha-emet
“Blessed is the Judge of Truth”

Beth El congregation extends condolences to the family of Cecille Lipton

May the Ever Present One comfort them among the mourners of Zion and Jerusalem



Traditionally, we light a memorial candle on the evening before the anniversary of a loved one's death.



Barukh Dayan Ha-emet
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the mourners of Zion and Jerusalem**

Riding for Habitat for Humanity A note from Roy Schonberg & Cheryl Marcus:

Cheryl and I are riding in Habitat for Humanity's annual Halloween fund raiser and would welcome support from Beth El members.

Habitat is a great organization which cuts across all political lines and just helps people own their home.

All the donations go to the same place so there is no need to give to both of us.

Roy will be challenging himself on the grueling 31 mile course while staring at Cheryl's rear wheel.

<http://events.durhamhabitat.org/fundraise?fcid=261652>

Cheryl will be enjoying an easy peddle on the 31 mile course while admiring the lovely autumn colors.

<http://events.durhamhabitat.org/fundraise?fcid=262067>

Thanks,
Roy & Cheryl



Israel Ride Levin JCC Tarheels Team

Biking for Peace,
Partnership & Environment

At the end of October, Bob Gutman, Adam Goldstein, and Steve Drysdale are setting out on a journey of Tzedakah and adventure. They will be riding up to 350 miles in the Israeli desert, from Jerusalem to Eilat, to raise money on behalf of the Arava Institute for Environmental Studies and Hazon. The Arava Institute Hazon Israel Ride is a cycle for peace, partnership and the environment. *Your donation to this ride supports efforts to prepare future Arab and Jewish leaders to cooperatively solve the region's environmental challenges through education and research.* They are challenging themselves physically, and have committed to raising \$15,000 as a team. With your generosity and their pedaling, we can support Israel in these times of need. Donations of all sizes are greatly appreciated & tax-deductible.

Contributions can be made through the team page:
<http://arava.kintera.org/2013israelride/tarheels>)

Durham-Chapel Hill Jewish Federation Events

Hannukah Fest
Sunday, November 24th

Campaign Kick-off
Saturday evening, December 7th

Mitzvah Day
Wednesday, December 25th

Visit www.shalomdch.org

North Carolina Master Chorale to Perform *Tippett's Enduring A Child of Our Time* Sunday, October 27, 2013 at 3pm

The North Carolina Master Chorale, one of the southeast's major symphonic choirs, will open its 71st season with a moving performance of Michael Tippett's *A Child of Our Time* on Sunday, October 27, at 3 pm at Meymandi Concert Hall. A **free pre-concert lecture** will be presented by NCSU Professor Jonathan Kramer at **2pm** in the Meymandi Concert Hall lobby.

This extraordinary and historically-significant oratorio was inspired by the infamous 1938 Kristallnacht (the "night of broken glass", which fomented the Holocaust). The Master Chorale's performance takes place just two weeks before the 75th anniversary of this awful event, November 9-10.

Though secular, the format of *A Child of Our Time* is similar to other oratorios with three parts, but with five African American spirituals interspersed in place of the traditional chorale hymns. British composer Tippett wrote that his unique decision to use the African American spirituals related both to the circumstances of the Jews during his time, but also to anyone who felt "rejected, cast out from the center of our society onto the fringes."

Meymandi Concert Hall, Duke Energy Center for the Performing Arts, Raleigh, \$22-\$30 all seating reserved; Group, senior, military and student/youth discounts available. Tickets/Info: (919) 856-9700; ncmasterchorale.org, Tickets also available via TicketMaster: (800) 745-3000, ticketmaster.com

Institute of Islamic and Turkish Studies presents

"Three Faiths One God: Judaism, Christianity, Islam."
Sunday, November 3, 3-5:30pm

The documentary by Director and Producer, Gerald Krell compares similarities and differences in religious beliefs and practices that Islam has with Christianity and Judaism. It also examines how people of goodwill in the Abrahamic faith communities are coming to terms with historical conflicts that impact their lives today, the crisis of the fundamentalist approach to religious pluralism, and tearing down barriers to understanding & respect.

Please RSVP to info@iitsnc.org

1391 SE Maynard Rd.
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**Be sure to check the Beth El website
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throughout the year!**

www.betheldurham.org/calendar/announcements.html



Sicha, Hebrew for "conversation," is an organization that promotes the vital ongoing dialogue between classical Jewish texts and modern life. Essays engaging modern and classical texts in conversations can be found on our website: www.sichaconversation.org.

Beyond Belief: Join Rabbi Sager and Sicha for the next in a series of conversations this fall that explore Jewish identity. On **November 3 at the Levin JCC at 3:30**, our conversation will honor the upcoming holiday: Belonging and Behaving in Light of Hannukah. More information can be found here: www.tinyurl.com/beyondbelief2013.

B'almah: Our next B'almah gathering will take place on **December 5** at 7:30pm at the Levin JCC (December 12 at 7:30pm at Beth Meyer, Raleigh). The topic will be *Mourning Has Broken: Bringing mourning to a close*. More information can be found at: www.sichaconversation.org.

Sichat Rabbanim: Sicha is proud to greet a new cohort of learning partners into its two year program. They will be joining 2nd year learning partners Rabbi Daniel Greyber and Rabbi Lucy Dinner. Here are the four new *B'nei Sicha* and their learning/project themes: Rabbi Philip Rice from Nashville, TN (*The Siddur As A Living Tradition*); Rabbi Beth Jacowitz Chottiner from Wheeling, WV (*Building A Life of Faith*); Rabbi Charles Brown from Gastonia, NC (*The Spirit and Soul of the Teacher*); Rabbi Adam Rosenbaum from Charleston, SC (*Bar and Bat Mitzvah, Jewish Imagination and Jewish Language*). More information on the Sichat Rabbanim program and participants can be found at: www.sichaconversation.org/sichat-rabbanim/.

CJJ, Durham JCC, and JCRC
Present: CJJ Cafe

What's Jewish About Voting Rights?

**Thursday, November 7,
7:00PM - 9:00PM, Levin JCC**

Join Carolina Jews for Justice, the Jewish Federation of Durham-Chapel Hill, and the Durham-Chapel Hill Jewish Community Relations Council for an encore presentation of this two-part educational event. The first hour features a live panel discussion between policy experts on voting rights, with time for audience Q&A.

Enjoy coffee on the house for our CJJ Cafe, an hour of casual discussion and learning on Jewish connections to voting and civil rights. Event organized by Carolina Jews for Justice and the Durham-Chapel Hill JCRC. Speakers: Anita Earls, a civil rights attorney with 25 years' experience and Bob Hall, Executive Director of Democracy NC.

Register online:

www.eventbrite.com/event/8653249101/mcivte

Lerner School Events

Open to all!

Schmooze 'n Play ~ a Jewish Play Group for families of preschoolers and kindergarteners! Schmooze with other parents while your children play on Lerner School's beautiful playground! 10:30am – 11:30am at the Lerner School in Durham. RSVP at rsvp@lernerschool.org. **November 10, December 8**

Shabbat Together ~ Celebrate Shabbat with songs, movement and homemade challah at the Lerner School! For parents and their children, ages 18 months – 4 years old. 9am in the library. Free! RSVP at rsvp@lernerschool.org.

October 25 / November 1, 8, 15, 22 / December 13, 20

Open House ~ See what happens when Jewish values and culture meet educational excellence! Join us for a Lerner School Open House for preschool and elementary school families. For more information, visit www.lernerschool.org. To reserve your space, email admissions@lernerschool.org or call (919) 286-5517. **Nov. 13-14, 8:30am – 9:30am & Dec. 5-6, 8:30am – 9:30am**

Jewish Story Time ~ Celebrate Jewish holidays with hands-on fun! Join us for stories, crafts and a light snack on the dates listed below at 10:30am (note various locations.) Sponsored by the Lerner School. Free! RSVP at rsvp@lernerschool.org. **Nov. 24** – Chanukah, Barnes & Noble, New Hope Commons



Open Houses

Preschool to Grade 5

November 13 & 14
December 5 & 6
8:30 – 9:30 am
Or call for a personal tour

Please RSVP: 919.286.5517 or admissions@lernerschool.org



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If you are not receiving Beth El's weekly e-mail announcements and would like to, please contact Rachel Albert at rachel@betheldurham.org and ask her to add you to our listserve.

Jewish Sparks

Jewish Sparks is a public access television program which is broadcast in Raleigh, Chapel Hill and Durham, NC. This program presents videos of major Jewish educational and artistic events together with interviews and recordings of Jewish scholars and important Jewish leaders. Our goal is to promote a better understanding of key Jewish concepts and issues within both the Jewish and non-Jewish communities.

The Jewish Sparks 30 minute weekly broadcast schedule is listed in the table below:

Chapel Hill (CH)	Tues. 9:00PM	Peoples Channel	Time Warner Cable Channel 8
Durham (DR)	Tues. 7:30PM	Durham Comm. Media	Time Warner Cable Channel 18
Raleigh (RTN)	Wed. 7:00PM & Thurs. 8:00 PM	RTN	Cable Channel 10

Week of October 28

Magnolia Klezmer Band (CH, DR)

Bernie Most "A Taste of Yiddish Music – Part 1" (RTN)

The latest program schedule is on the Jewish Sparks Website:
www.jewishsparks.net.

Jewish Sparks maintains a large archive of program material. If you miss a live broadcast, or do not have Cable, you can watch the programs on the internet site (www.jewishsparks.net.) The website also provides an excellent source of educational material, which includes early lectures from the Carolina Center for Jewish Studies.

Additional information is available from the website, or email the Jewish Sparks producer, Sheldon Becker, at either jewishsparks@yahoo.com or stbphoto@yahoo.com.

Included in the Jewish Sparks archives:

Triangle Jewish Chorale Down Home: The Cantata

In April & May of 2013, the Triangle Jewish Chorale presented three performances of a newly composed piece, "Down Home: The Cantata", exploring the Jewish immigrant experience in North Carolina. There is a link to "Down Home - The Cantata" on the main Jewish Sparks webpage - www.jewishsparks.net - at the top center of the page.

Raleigh Cary JCC
12804 Norwood Road, Raleigh 27613

Jewish Film Series, "Rosenstrasse"

Sun. Nov. 10, 2:00 pm - 4:15 pm

2003 PG-13 German, English subtitles

2003 Venice International Film Festival - Best Actress;

2003 Toronto International Film Festival

drama based on 1943 street protests in Germany by Christian wives whose Jewish husbands were jailed on Rosenstrasse Street.

Rsvp by 11/7: jcc@shalomraleigh.org or 676-6170

Raleigh Cary JCC members: Free / non-members: \$6 or *\$5 if paid by Rsvp date (* Payment must be received at JCC by Rsvp deadline for discount to apply.) This series is made possible by the generosity of Gerry Elkan.

Brown Bag Speaker Lunch

Wednesday Nov 13, noon - 2:00

Prof. Bob Moog NCSU, Political Science "Mideast Update"

Bring a non-meat lunch at noon, RCJCC provides dessert & beverages

Rsvp by 11/8: jcc@shalomraleigh.org or 919-676-6170

Raleigh Cary JCC members, Free /\$3 for non-members



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Benefit Performance
Kindertransport by Diane Samuels
November 17 at 2:00 pm

All Box Office proceeds from the November 17th matinee will go to the Triangle Holocaust Speaker's Bureau (project to fund filming of survivor testimonies). The performance will feature an after-show discussion with Triangle resident and a child of the Kindertransport, Dr. Henry Landsberger.

Between 1938 and the outbreak of World War II, thousands of Jewish children living in Germany were sent to Great Britain on the Kindertransport to adoptive, foreign parents, in essence saving them from the concentration camps their biological parents would soon endure. Diane Samuels' play offers deep insight into themes of abandonment, finding our identity, survival guilt, and the effects of a traumatized past on those closest to us. The story follows Eva, a nine-year old Kinder, and the effect her mother's fateful decision made on a generation of women. Big Wig Production and Burning Coal Theatre are proud to present the Triangle premiere of *Kindertransport*.

Produced and Directed by Brian Yandle
 Tickets: \$15.00 for adults; \$10.00 for seniors, students and military
 For Reservations: (919) 753-6626
 Location: Burning Coal Theatre Company, 224 Polk Street, Raleigh, NC 27601

For more information: sharonhalperin88@gmail.com

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 for registration & more information on these
 & other programs year-round.

Winter Break Family Camp
December 27-January 1

Enjoy relaxation, recreation and an array of classes while children participate in fun and engaging camp activities. What could be better than s'mores under the stars with your kids?

Passover Vacation
April 13-23, 2014

During this all-inclusive Passover Vacation guests enjoy the rare opportunity to spend time learning and exploring Jewish life, culture, texts and history with a diverse mix of distinguished scholars, leaders and thinkers. And you won't believe it's Passover when you taste our food! Our Communal Seders are led by engaging, scholarly rabbinical leaders. Throughout the week your family can choose from hundreds of programs, trips, activities and lectures.



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Triangle Seminar For Jewish Studies

Fall Semester 2013: Provocative Jewish Interest Topics

Monday, November 11, "Israel and the UN"

Nir Schnaiderman, Duke Univ. and Bar-Ilan Univ.

The relationship between Israel and the UN General Assembly, Security Council, etc. The lecture will be adapted to relevant topics involving Israel at the UN.

Monday, December 9, "Prospects for Peace in the Middle East"

Gerhard Weinberg, Ph.D., Prof. Emeritus, UNC.

Peace will take a long time to come to Iraq. It will come to the Israeli-Arab conflict when the Arabs have exhausted all other alternatives and recognize that reality. The lecture explores this issue.

*All sessions meet at the National Humanities Center in RTP
7:30 - 9:30 p.m.*

Series Fee: \$20.00 per person, full time students \$5.00

Contact: Ronni Marblestone 848-3752

*For updates see: www.shalomraleigh.org/calendar or
www.shalomdch.org/calendar*

Carolina Center for Jewish Studies

University of North Carolina at Chapel Hill

**All lectures are free and open to the public,
no tickets or reservations required.**

**Please visit our web site for additional information
and event updates: jewishstudies.unc.edu.**

Academic Lecture: Deborah Starr, **November 6, 2013, 6pm**,
Dey Hall Toy Lounge *The Center is pleased to co-sponsor
this lecture which is hosted by Asian Studies. Check website for
details.*

Comedy Performance: "Laugh in Peace", **November 12**, Time
TBA, Union Auditorium *The Center is proud to co-sponsor
this comedy act, which is hosted by campus Hillel. Other details
not available at time of press. Check website for updates.*

Community Lecture: Stuart Eizenstat, "The Future of the Jews:
How Global Forces are Impacting the Jewish People, Israel and its
Relationship with the United States", **November 18, 7:30pm**,
UNC Friday Center *This lecture is made possible by a grant from
the Charles H. Revson Foundation in honor of Eli N. Evans, '58.*

Film Screening: "Re-Emerging: The Jews of Nigeria",
November 21, 7pm, UNC Stone Center *The Center is pleased to
co-sponsor this film screening, which is hosted by the UNC Stone
Center. Following screening, film discussion with Director, Jeff
Lieberman. More information: <http://sonjahaynesstonectr.unc.edu/>*

Duke Center for Jewish Studies

Lectures are free & open to the public.

October 28: Marc Brettler (Brandeis University), "The Hebrew
Bible and Human Rights," Duke University, West Campus,
Westbrook 0016, 5:30PM

November 7: Deborah Starr, "Jews in Egyptian Cinema"

November 10: Malachi Hacohen: Duke-UNC Jewish Studies
Seminar

November 11: Rudnick Lecture with Eva Illouz

November 12: Laura Lieber, "Dancing with the Angel of Death:
A Portrait of the Suspected Adulteress"

November 14: Screen/Society--Special Event: "Infiltrators" -
Q&A to follow with Nick Denes, co-director, Palestine Film
Foundation (London)

November 24: Pawel Maciejko & David Halperin: "Eibeschuetz
and 18th Century Religion"

**Event information (including topics, locations & times)
and updates can be found at:
<http://jewishstudies.duke.edu>**

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N.C. Museum of Art Judaic Art Gallery

Be sure to plan a visit to the Museum to tour the Judaic art collection, which features beautifully crafted ceremonial art such as this *Standing Hanukkah Lamp* by Ze'ev Raban of Jerusalem's Bezalel Workshop. Visit ncartmuseum.org for more details on the Museum and Judaic collection. The Museum is open Tuesday through Sunday, and admission is free (aside from special ticketed exhibitions).

Hours are as follows: Tuesday-Thursday, 10am-5pm; Friday, 10am-9pm; Saturday-Sunday, 10am-5pm.



Jewish Meditation at the Levin JCC

1st and 3rd Sunday of each month. 10:45am-12:00pm
No charge & no experience needed to attend. Long standing meditation group. Always open to new participants. Sometimes a participant leads a guided meditation; other times it is a silent practice. Levin JCC, 1937 W. Cornwallis Road, Durham.
Phone: 919-354-4936, info@levinjcc.org

Foundations of Jewish Family Living with Master teacher Rabbi Jennifer Solomon

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Classes have been divided into two 10-week sessions held on Wednesday mornings at the Lerner School, 8:15-9:45am. Session 1 is in progress & registration is still being accepted for **Session two** entitled Day to Day Values Teaching Values through Jewish Family Living begins on **January 8 and concludes on March 12, 2014.**

Tuition for each session is \$150 plus a \$36 materials fee which covers both sessions.

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Letter from Valhalla

On the Road Again: Israel and Africa - III

My faithful readers have been following along as Sharon, Rebecca, Jonathan, and I made our way around Israel a few months ago. At the end of last month's column, we had just finished an adequate but rather expensive steak dinner at a kosher Argentinean restaurant in Jerusalem. Our next institutional visit was a private tour of Hadassah Hospital. There is clearly a well oiled machine for doing this - a designated office on the ground floor of the hospital which assigns someone to show the Hadassah lady from America and her family around the facility. The in-patient units, the Children's Hospital and Children's Cancer Unit, the public areas, and the breast imaging centers looked great. The radiation oncology department was old, with dated equipment and facilities. The hospital is in serious financial trouble and this has resulted in the recent resignation of the director. As I mentioned last month, we had heard, the day before on our trip, that Hadassah no longer gives any money to the Hadassah Technical College. We learned at the hospital that financial support from Hadassah to the hospital has dropped considerably in recent years. It leaves one wondering where, precisely, the money that is being raised is going.

We ventured, next, on a private tour of Yad Sarah. Because both Sharon and Rebecca are physical therapists, this was of special interest. Yad Sarah's headquarters in Jerusalem are in a large and spacious building. The organization provides home health care equipment to Israelis. If, for example, Grandpa is about to be discharged from the hospital and he needs a walker, a specially adapted bathroom, some assistive devices, and will need a wheelchair from time-to-time, a family member can go to Yad Sarah and pick up what he needs. A nominal deposit is requested. The place is awash with volunteers. When the wheelchairs get returned, for example, a group of men in the machine shop repair and refurbish them before they are sent out for use again. There is a telephone unit charged with calling and checking up on people and an occupational therapist who helps people select the equipment they might need. When we were in Israel they told us that the entire operation was set up within the past few years by an American who made Aliyah and decided there was room for improvement in home health care in Israel. Interestingly, there is a different story of the organization's founding on their web site - dating the founding to the 1970s and another individual. Oh well, maybe consistency in historical storytelling is not Israel's strong suit.

The point of this trip to Israel, for me, was to speak at a national conference devoted to the question of whether or not the Israeli Ministry of Health should support the purchase of a proton machine for the treatment of cancer. The conference was in Tel Aviv so our family transferred from the apartment we had rented in Jerusalem to a hotel in Tel Aviv. Rebecca, Sharon, and Jon went off to visit some Israeli youth resettlement villages and to deliver backpacks to a school for young Ethiopian immigrants. I went to my meeting.

Proton machines cost on the order of US \$125-250 million to build and a great deal, per year, to maintain. Three years earlier a committee appointed by the Israeli Ministry of

Health had debated the question and decided, I kid you not, not to decide but, instead, to discuss it again in a few years. It was to this discussion that I and a medical physicist from Switzerland were invited. Seated at the front table were the President of the Israeli Cancer Society, his Excellency the deputy assistant Minister or something like that, and some other poohbah. There were about thirty people in the room - representatives of most of the Israeli cancer centers and radiation oncology groups. The physicist from Switzerland gave a rousing talk on the benefits of protons. I gave a talk on the volume of prospective proton patients in Israel, the competition for "tourism medicine" in the Middle East (rich people who fly to destinations for their medical care and pay cash), and the science v. politics of protons. In brief, the population of Israel is about 7 million which means that there are, fortunately, very few children with cancer in need of proton radiation therapy. I showed the pediatric cancer incidence rates for the country and calculated the small potential demand for protons. I also showed how several of the Arab emirate nations were building proton units and, therefore, any idea on the part of some Israelis that Middle Eastern "tourism medicine" would flow to Israel rather than the Emirates was highly unlikely. If, I said, Israel wanted to have a proton unit as a matter of national pride or because it was viewed as "cutting edge technology", fine; one could not argue that it was necessary or justified however, on the basis of patient volume or tourism medicine revenue. The people from the Ministry thanked me. The young Israeli radiation oncologists in the audience, who feel that the government doesn't put enough money into radiation oncology and that I should have argued for them getting new equipment, were unhappy with my talk. Afterwards we were all taken to a nice restaurant in a high rise building in Tel Aviv for dinner.

Sharon and I decided to visit Yad Vashem, the Holocaust Museum and Memorial in Jerusalem. Since we were now in Tel Aviv we decided to see if we could get back and forth to Jerusalem by public transportation. It took a fair bit of asking directions to find the bus station for the express bus to Jerusalem and we successfully got to the central bus station. From there we took the light rail to Mount Hertz and the Yad Vashem shuttle bus up to the Museum and Memorial.

When we went to Israel in 1995, Yad Vashem was a one-of-a-kind experience. Now, however, with Holocaust museums and memorials in Boston, New York, Washington, Atlanta, and Houston, among other cities, there were some who felt that the Jerusalem museum was not-up-to-snuff in terms of the latest techniques of museum display. Yad Vashem has, therefore, undergone a major renovation with the addition of a large new museum area which complements the existing gardens and memorials. The museum is a very comprehensive treatment of the background to the Holocaust, the events of the Holocaust with region-by-region displays, and its legacy.

In next month's column I'll tell you about our trip to see Touro College's Jerusalem campus.

Until then,

Regards from Valhalla,

Edward Halperin

The Jewish Heritage Foundation of North Carolina

Our website lists Jewish events occurring from the mountains to the coast. Check us out at www.jhnc.org. Our site has a blog about Jewish life in North Carolina. We invite you to post a memory, share a Jewish story, or recount how your family celebrates an upcoming holiday. JHNC seeks volunteers who can email us Jewish events happening in their region.

Libi Eir Mikveh Art Gallery

One of Libi Eir's seven founding principles is Hiddur Mitzvah / Beautifying the Mitzvah. Exhibiting the work of local artists is one of the ways they take this mandate seriously - and joyfully. Exhibits change every three to four months.

Artists: If you'd like to feature your work at Libi Eir, please contact Rabbi Jenny Solomon at battorah@bethmeyer.org.

Beth El is a partnering synagogue of our community mikveh, Libi Eir, which opened in September of 2011.

Beth El Events:

www.betheldurham.org/calendar/index.html

Community Events:

www.betheldurham.org/calendar/announcements.html

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www.hadassah.org (Chapel Hill/Durham branch).

Was your family's property taken during the Holocaust?

If you or your family owned movable, immovable or tangible property that was confiscated, looted, or forcibly sold in countries governed or occupied by the Nazi forces or Axis powers during the Holocaust era and you or your relatives received no restitution for that property, you may be eligible to participate in the Holocaust Era Asset Restitution Taskforce project (Project Heart).

Call 800-584-1559 for more information
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BETH EL SCHEDULE OF SERVICES

Friday night services:

Held only in conjunction with other programming or special events.
Talmud Torah 7th grade meets 5:00 p.m.-6:00 p.m. when services are held.

Saturday morning services:

Services in the Orthodox Kehillah begin at 9:00 a.m.
Services in the main sanctuary begin at 9:30 a.m.

Weekday minyanin in the main sanctuary:

Wednesdays 8:00 a.m. followed by text study (7:45 a.m.-Rosh Chodesh)
Sundays 9:30 a.m.

November 2013

Listed Havdalah Times are 42 minutes after sunset
Beth El event calendar online:
www.betheldurham.org/calendar/index.html

Office Hours:





Mon. through Thurs.: 9:00 a.m. to 5:00 p.m.
Fri.: 9:00 a.m. to 1:00 p.m.

Talmud Torah:

Sun.: 9:30a.m.-12:30p.m. preK-7th grades
Wed.: 4:15p.m.-6:00p.m. 2nd-6th grades
Sat.: 9:00a.m.-9:45a.m. & select Fri. 5:00-7:00p.m. 7th grade

Mishnah Study: Sat. 8:45 a.m.

Sun Mon Tue Wed Thu Fri Sat

Beth El members cook and serve lunch at the IFC shelter in Chapel Hill the First Wednesday of every month. Contact Gladys Siegel to help.					1/28th of Cheshvan, 5774 Yuvael Lebovitch Bar Mitzvah 6:00pm services in the main sanctuary	2/29th of Cheshvan, 5774 Parashat Toldot Yuvael Lebovitch Bar Mitzvah -1:00pm Jewish Lit. class
Beth El members cook and serve dinner at the IFC shelter in Chapel Hill the second Tuesday of every month. Contact Meyer Liberman to help.					6:02pm 	7:01pm Havdalah
Beth El members serve Tuna Casserole Dinner at the Durham Community Kitchen the fourth Sunday of each month. Contact Erica Gringle to help prepare and/or serve.					8/5th of Kislev, 5774 Scholar-in-Residence Shabbat 25 6:00pm Shabbat Shirah: Erev Shabbat Services, Community Shabbat Dinner, & study 4:56pm 	9/6th of Kislev, 5774 Parashat Vayetzai Scholar-in-Residence Shabbat 25/Jr. Cong. -1:00pm Jewish Lit. class -Study & Seudah 5:55pm Havdalah -USY event
3/30th of Cheshvan, 5774 Rosh Chodesh Kislev -2:00a.m. DST ends (Fall back) -10:15am Storytelling Class	4/1st of Kislev, 5774 Rosh Chodesh Kislev	5/2nd of Kislev, 5774	6/3rd of Kislev, 5774	7/4th of Kislev, 5774	15/12th of Kislev, 5774	16/13th of Kislev, 5774 Parashat Vayishlach -10:00am Healing Yoga -1:00pm Jewish Lit. class
10/7th of Kislev, 5774 -Bogrim -10:00am Knitting Chevra -10:15am Storytelling Class -10:30am study with our Scholar-in-Residence -Aleph Bet / Pre-kadima	11/8th of Kislev, 5774	12/9th of Kislev, 5774	13/10th of Kislev, 5774	14/11th of Kislev, 5774	15/12th of Kislev, 5774	16/13th of Kislev, 5774 Parashat Vayishlach -10:00am Healing Yoga -1:00pm Jewish Lit. class
17/14th of Kislev, 5774 -9:45am Simchat Tor -Sisterhood sponsored Chanukah Bazaar & Warts St. Band Klezmer Concert -Kadima	18/15th of Kislev, 5774	19/16th of Kislev, 5774	20/17th of Kislev, 5774	21/18th of Kislev, 5774	22/19th of Kislev, 5774 6:00pm services in the main sanctuary/Comm. Oneig 4:46pm 	23/20th of Kislev, 5774 Parashat Vayeshev Synagplex Shabbat -Monthly Torah Discussion -Children's Services (JC,Jr,TS) 5:46pm Havdalah
24/21st of Kislev, 5774 -Bogrim	25/22nd of Kislev, 5774	26/23rd of Kislev, 5774	27/24th of Kislev, 5774 Office Closes at Noon No Talmud Torah	28/25th of Kislev, 5774 Office Closed	29/26th of Kislev, 5774 Office Closed Chanukah: 3 Candles 4:44pm 	30/27th of Kislev, 5774 Parashat Miketz Chanukah: 4 Candles

BETH EL SCHEDULE OF SERVICES

Friday night services:

Held only in conjunction with other programming or special events.
Talmud Torah 7th grade meets 5:00 p.m.-6:00 p.m. when services are held.

Saturday morning services:

Services in the Orthodox Kehillah begin at 9:00 a.m.
Services in the main sanctuary begin at 9:30 a.m.

Weekday minyanim in the main sanctuary:

Wednesdays 8:00 a.m. followed by text study (7:45 a.m.-Rosh Chodesh)
Sundays 9:30 a.m.

December 2013

Listed Havdalah Times are 42 minutes after sunset
Beth El event calendar online:
www.betheldurham.org/calendar/index.html






Office Hours:

Mon. through Thurs.: 9:00 a.m. to 5:00 p.m.
Fri.: 9:00 a.m. to 1:00 p.m.

Talmud Torah:

Sun.: 9:30a.m.-12:30p.m. preK-7th grades
Wed.: 4:15p.m.-6:00p.m. 2nd-6th grades
Sat.: 9:00a.m.-9:45a.m. & select Fri. 5:00-7:00p.m. 7th grade

Mishnah Study: Sat. 8:45 a.m.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1/28th of Kislev, 5774 <i>No Talmud Torah</i>	2/29th of Kislev, 5774	3/30th of Kislev, 5774 Rosh Chodesh Tevet	4/1st of Tevet, 5774 Rosh Chodesh Tevet	5/2nd of Tevet, 5774 Chanukah: 8th Day	6/3rd of Tevet, 5774 Shabbat 25 6:00pm Shabbat Shirah: Erev Shabbat Services & Community Shabbat Dinner 	7/4th of Tevet, 5774 Parashat Vayigash -Shabbat 25/Jr. Cong. -Monthly Torah Discussion -Study & Seudah 5:43pm Havdalah -USY Lock-in
Chanukah: 5 Candles	Chanukah: 6 Candles	Chanukah: 7 Candles	Chanukah: 8 Candles		 4:43pm	14/11th of Tevet, 5774 Parashat Vayechi Ariella Richman Bat Mitzvah -10:00am Healing Yoga 5:44pm Havdalah
8/5th of Tevet, 5774 -USY Lock-in -9:45am Simchat Tot -10:30am Social Action Sun. -Kadima	9/6th of Tevet, 5774	10/7th of Tevet, 5774	11/8th of Tevet, 5774 -Sisterhood Speaker's Night with Leslie Winner -7:30 Board Meeting	12/9th of Tevet, 5774 Morning Minyan -Ariella Richman Bat Mitzvah	13/10th of Tevet, 5774 Asara B'Teivet Ariella Richman Bat Mitzvah 6:00pm services in the main sanctuary -teen Shabbat dinner (Greyher home)  4:44pm	21/18th of Tevet, 5774 Parashat Shemot <i>Beach Shabbaton</i>
15/12th of Tevet, 5774 -Bogrim -10:00am Knitting Chevra -TT fundraising brunch -Pre-kadima	16/13th of Tevet, 5774	17/14th of Tevet, 5774	18/15th of Tevet, 5774 <i>No Talmud Torah</i>	19/16th of Tevet, 5774 <i>Beach Shabbaton Early Arrival</i>	20/17th of Tevet, 5774 <i>Beach Shabbaton</i>  4:46pm	5:47pm Havdalah
22/19th of Tevet, 5774 -Beach Shabbaton -No Talmud Torah	23/20th of Tevet, 5774	24/21st of Tevet, 5774	25/22nd of Tevet, 5774 <i>No Talmud Torah</i>	26/23rd of Tevet, 5774 Office Closed	27/24th of Tevet, 5774  4:50pm	28/25th of Tevet, 5774 Parashat Vaera 5:51pm Havdalah
29/26th of Tevet, 5774 <i>No Talmud Torah</i>	30/27th of Tevet, 5774 Office Closed	31/28th of Tevet, 5774 Office Closed		Beth El members cook and serve lunch at the IFC shelter in Chapel Hill the First Wednesday of every month. Contact Gladys Siegel to help. Beth El members cook and serve dinner at the IFC shelter in Chapel Hill the second Tuesday of every month. Contact Meyer Liberman to help. Beth El members serve Tuna Casserole Dinner at the Durham Community Kitchen the fourth Sunday of each month. Contact Erica Gringle to help prepare and/or serve.		

Community Connections

JFS volunteers needed:

Shabbat Outreach volunteers are needed to lead a short Shabbat service on Fridays for Jewish residents of an assisted living facility in Chapel Hill.

Friendly Visitors are needed for isolated older adults living in the community. Not appropriate for volunteers who want to visit someone with their child. Friendly visitors will spend time with the person as friends do- talking, exploring common interests, or going for a walk. Minimum time commitment: 2-4 hours per month. For more information on these volunteer opportunities, please contact JFS Social Worker Jenny Schwartz at 919-354-4923 or jschwartz@shalomdch.org

JFS Gift Card Program: JFS seeks gift cards to shops, movies, restaurants, shows, hair salons. Your gift will be appreciated by those in need. To make a donation or for more information, contact Jenny Schwartz at 919-354-4923 or jschwartz@shalomdch.org

Tzedakah in Bloom

Tzedakah in Bloom is a project started by the Jewish Family Service to raise money for local community members in need and food banks.

JFS offers **13** different silk flower arrangements for use at your simcha. (on the bimah, at a reception or as a centerpiece). New arrangements are added periodically. Each arrangement rents for \$150.00.

Please call the Federation office at 919-489-5335 if you have questions about the project.

Photos of the arrangements as well as a reservation form is online at: www.shalomdch.org/blooms.htm.

To reserve an arrangement, contact Sandy Fangmeier, Project Coordinator: 919-489-0433 or sandyfang@frontier.com

Jewish Family Services at the Levin JCC

1937 Cornwallis Road, Durham
919-354-4936 info@levinjcc.org www.levinjcc.org

Contact Jenny Schwartz
at 919-354-4923 or jschwartz@shalomdch.org
for information on these & other JFS programs.

Visti the JCC website for dates & details on these ongoing events & more:

JFS Mitzvah Corps • Bubbes and Zaydes
Job & Networking Group • Caregiver Support Group
Chronic Connections • Memory Café
Chaverim • JFS Clinical Connections
Women's & Men's Groups • BRIDGES Sensational Sundays

We need Beth El volunteers at the Chapel Hill Community Kitchen to cook lunch on the first Wednesday of each month from 9:30-12:30. Anyone able to help please contact Gladys Siegel (gladys5@earthlink.net)

Servers & Tuna Casseroles Needed for Durham Community Café Dinner the fourth Sunday of each month! Several casseroles are needed for the Community Café dinner that is served on the fourth Sunday of each month. For your convenience, the recipe is printed below. Please deliver the casseroles to Judea Reform before the fourth Sunday of each month during their regular office hours. If you are unable to deliver the casserole, please contact Erica Gringle to make alternate arrangements. This mitzvah is an easy one in which to involve children. Besides making casseroles, Beth El's commitment is to provide **servers** for the community meal on the fourth Sunday of each month (5:45 PM - 7:15 PM). If you are interested in participating in this community service project, please contact Erica Rapport Gringle. Pre-teens through adult can serve so this too is great mitzvah to do with your older kids.

TUNA NOODLE CASSEROLE

(use a very large rectangular or oval disposable tin)

Please note changes for pasta & vegetables

- 2 lbs. of rotini (other pastas get mushy after being frozen, thawed and baked)
- about 42 ounces of water packed tuna, drained
- 7 cans of cream of mushroom soup (about 70 ounces and low sodium, if possible)
- 8 carrots and 8 stalks of celery, diced
- Boil the noodles in a large pot of water until al dente or almost done. Drain and place in casserole.
- Add all other ingredients and mix well.
- No need to cook. Just cover tightly with lots of foil and transport it to the Judea Reform freezer.

Help our Jewish Elderly: Jewish Family Services provides a program and lunch for seniors in our community (Chaverim). This is a wonderful opportunity for our elderly seniors to get together on a regular basis, spending time together chatting over a good lunch. We are looking for small groups of friends, such as a family or two, a Hebrew school class or a B'nei Mitzvah student to consider preparing or sponsoring (\$100 donation) a lunch in honor or memory of someone or just for the fun of it, for between 15 - 20 seniors. This is an easy and wonderfully rewarding mitzvah opportunity. For more information please contact Michele Pas at mjbpas@aol.com or 919-493-3175.

Volunteer as a Guardian ad Litem: Help change the lives of Durham's abused and neglected children. For more information or to volunteer, contact Stephanie Kelly at 564-7289 or stephanie.l.Kelly@nccourts.org. Sandy Kessler can also give you information on what it is like to be a Guardian ad Litem.

Duke Hospice Volunteers Needed: If you or anyone you know is interested in becoming a hospice volunteer for Duke Hospice, please contact Carolyn Colsher at 919-620-3859, ext. 235 or Carolyn.colsher@duke.edu. For more information on programs visit www.dhch.duhs.duke.edu.

BETH EL SCHEDULE OF SERVICES

Friday evening services:

Services are held on Friday evenings only in conjunction with other programming or special occasions.
See monthly calendars for noted dates and times.

Saturday morning services:

Services in the Orthodox Kehillah begin at 9:00 a.m.
Services in the Main Sanctuary begin at 9:30 a.m.

Weekday minyanim in the Main Sanctuary:

Sunday mornings at 9:30am
Wednesday mornings at 8:00am

***Please let the office know in advance if you need to say Kaddish, even if a minyan has already been scheduled.**

OFFICE HOURS:

Monday through Thursday: 9:00 a.m. to 5:00 p.m. / Fridays: 9:00 a.m. to 1:00 p.m.

CONTACT INFORMATION:

Office	(voice) 919-682-1238 (fax) 919-682-7898	
Rabbi Daniel Greyber, Rabbi	919-682-2491	RabbiGreyber@betheldurham.org
Ivy Wingate, Interim Executive Director	919-682-1238 ext. 110	Ivy@betheldurham.org
Elisabeth Albert, Education & Youth Director	919-682-1238 ext. 170	Elisabeth@betheldurham.org
Rachel Albert, Congregational Services Coordinator	919-682-1238 ext. 100	Rachel@betheldurham.org
Krishna Miller, Publicity Assistant	919-416-1397	Krishna@betheldurham.org
Rabbi Steve Sager, Rabbi Emeritus	919-682-1238 ext. 195	Ssager18@gmail.com
Bulletin Advertising Sales Manager	919-942-5369	Gladys5@earthlink.net

If the office phone is in use or no one is in the office, please leave a message on the voice mail.
Your call will be returned in a timely manner.

BETH EL WEBSITE:

www.betheldurham.org

Barak Richman	President
Rachel Galanter	1st Vice-President
Noah Pickus	2nd Vice-President
Roy Schonberg	Financial Secretary

The deadline to submit items for the *Beth El Bulletin* is the first workday of the preceding month.

The deadline for the December issue is **November 1**; for the January issue, **December 2**

Send bulletin items and calendar dates via e-mail to krisha@betheldurham.org.

Dated Material